Drug Facts

Active ingredients
Carbo vegetabilis 3C HPUS..........................Relieves bloating associated with colic
Colocynthis 3C HPUS.............................Relieves cramping pains associated with colic
Cuprum metallicum 3C HPUS .....................Relieves abdominal cramps associated with colic

The letters HPUS indicate that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.

Uses
- Temporarily relieves symptoms associated with baby colic, including gas pain and irritability

Warnings
- Stop use and ask a doctor if symptoms persist for more than 3 days or worsen.
- After administering, discard single-use container.
- Do not reuse. Keep out of reach of children.

Directions
Children: 1 month of age and older:
1. Tear open the foil pouch at the notched edge.
2. Snap off one single-use dose.
3. Twist to open.
4. Squeeze entire contents into mouth.

Repeat, as needed, every 15 minutes for 2 more doses. For best results administer before meals.

Other Information
- Do not use if glued carton end flaps, inner foil pouch, and single-use container are not intact.
- Before opening the foil pack: No specific storage conditions.
- After opening the foil pack: Store the unused doses in the foil pack at a temperature that does not exceed 77°F (25°C).
- After opening the unit-dose: The product must be used immediately. After administering, discard single-use container. Do not reuse.

Inactive ingredients
- Purified water

Questions or comments?
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Gas Pain • Irritability

Post-prandial colic is a frequent cause of pain for babies who drink too fast or have experienced a change in their feeding habits. It usually appears from 15 days to 6 months of age.

An undeveloped digestive tract, immature enzymatic secretions, or an incompetent esophageal lower sphincter are also possible causes of baby colic.

Common symptoms include belching, regurgitation, gas, cramps, agitation and irritability from pain.

While these symptoms usually recede when appropriate feeding habits are restored, parents, especially first-time ones, are looking for a fast-acting solution.

Cocynatal® has two main advantages—it is immediately absorbed and easy to use. It will not mask medical emergencies or delay the diagnosis of a more severe condition. As such, it can be systematically recommended to parents and given at the first sign of baby colic.

Cocynatal does not cause increased regurgitation, and it does not interfere with other medications.
### Pharmacology

Indications for homeopathic medicines have been determined experimentally and verified by years of empirical use by thousands of physicians. Insight of these traditional indications is gained throughout the years as advances are made in the fields of biochemistry and pharmacology. This table shows the relationships between the toxicopharmacological properties of the strain of the (in yellow) and the indications of its homeopathic solutions (in orange).

<table>
<thead>
<tr>
<th>Medicine</th>
<th>Toxicopharmacological Properties</th>
<th>Indications</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activated charcoal</td>
<td>Traditionally used for epigastric flatulence exacerbated when lying down</td>
<td>Relieves bloating associated with colic</td>
</tr>
<tr>
<td>Bitter cucumber</td>
<td>Citrullus colocynthis, (Cucurbitaceous)</td>
<td>Powerful stimulation of digestive smooth muscles and purgative properties</td>
</tr>
<tr>
<td>Carbo vegetabilis 5C</td>
<td>Homeopathic preparation of activated charcoal</td>
<td>Reduces bloating associated with colic</td>
</tr>
<tr>
<td>Colocynthis 9C</td>
<td>Homeopathic preparation of bitter cucumber</td>
<td>Relieves cramping pains associated with colic</td>
</tr>
<tr>
<td>Copper</td>
<td>Acute intoxication of copper salts or copper fumes produces a very rapid onset of vomiting with hyperacidulation and intestinal colic with painful diarrhoea</td>
<td>Reduces symptoms associated with baby colic including gas pains and irritability</td>
</tr>
</tbody>
</table>

### Advantages

As a first-line treatment for baby colic, Cocynal offers many advantages:
- Complete homeopathic formula relieves symptoms associated with baby colic, such as the presence of gas in the digestive tract, digestive cramps, and irritability caused by abdominal pain
- Easy-to-administer, tasteless, sterile unit-doses allow hygienic individual application; single doses limit cross-contamination between children
- Fast-acting by sublingual absorption
- Will not mask important symptoms that could lead to the diagnosis of a more severe problem
- Does not cause increased regurgitation, risk of overdose
- Does not interfere with concomitant medications; no contraindications
- Alcohol- and preservative-free solution

### References

References used to prepare this document: