Did You Know?

There are more than 100 different types of arthritis and related conditions. The symptoms affect more than 50 million people in the U.S. Half of those who suffer do not think anything can be done to relieve their pain.¹

For more information and valuable resources, visit Arthritis.org.

¹The Arthritis Foundation
How to Use Arnicare® Arthritis

Take Arnicare Arthritis at the onset of symptoms; take early action as arthritis pain often comes and goes. Arnicare Arthritis may help reduce the need for other pain relievers.

Arnicare Arthritis can be used in combination with Arnicare Cream or Gel.

More about the Formula:*

- **Arnica montana 3C**
  Relieves joint pain from trauma or overexertion.*

- **Benzoicum acidum 6C**
  Relieves pain in the wrists.*

- **Bryonia 6C**
  Relieves joint pain worsened by movement or the slightest touch.*

- **Chamomilla 12C**
  Relieves sensitivity to pain, tingling and numbing pain.*

- **Dulcamara 6C**
  Relieves joint pains triggered or worsened by damp weather.*

- **Kali iodatum 12C**
  Relieves joint and muscle pains worsened at night.*

- **Pulsatilla 3C**
  Relieves finger joint pain worsened by heat and slow motion.*

- **Rhododendron chrysanthum 12C**
  Relieves rheumatic pain worsened by dry heat.*

- **Rhus tox 6C**
  Relieves joint pains improved by motion and worsened by humidity.*

*These “Uses” have not been evaluated by the Food and Drug Administration.

**C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

More References:
- Arnicare.com
- Free online training at BoironUSA.com
- Free downloadable Boiron Medicine Finder app for the most up-to-date protocols
- Easy Guide to Homeopathy
- Homeopathic Solutions Made Easy for 48 easy protocols for self-medication